

M.E.L. TRACK SCHEDULE 2026

MEET START TIME: 3:30PM

PURSUING
VICTORY WITH HONOR

Day		River City	Pioneer	Rodriguez	Wood	Vacaville	Vanden	Sacramento
Wed.		BYE	BYE	BYE	BYE	BYE	BYE	BYE
Wed.		@ Vanden	@ Rodriguez	Pioneer	Sacramento	BYE	River City	@ Wood
Wed.		BYE	@ Vanden	@ Wood	Rodriguez	Sacramento	Pioneer	@ Vacaville
Wed.		@ Vacaville	BYE	Sacramento	Vanden	@ River City	@ Wood	@ Rodriguez
Wed.		BYE	@ Vacaville	BYE	BYE	Pioneer	BYE	BYE
Wed.		@ Rodriguez	BYE	River City	BYE	BYE	BYE	BYE
Wed.	April 15	Wood	BYE	@ Vacaville	@ River City	Rodriguez	Sacramento	@ Vanden
Wed.	April 22	BYE	@ Wood	BYE	Pioneer	@ Vanden	Vacaville	BYE
Wed.	April 29	Sac/Pioneer	@RC vs Sac/Pioneer	Vanden	@ Vacaville	Wood	@ Rodriguez	@ RC Pioneer/Sac
Tues.	May 5	MEL Trials - River City High School						
Thurs.	May 7	MEL Finals - River City High School						
Wed.	May 13	SJS Divisional Trials - Manteca High School						
Sat.	May 16	SJS Divisional Finals - Sacramento City College						
Sat.	May 23	SJS Masters - Folsom High School						
Fri.-Sat.	May 29/30	CIF State - Buchanan High School Clovis, CA						



- **Dead Period:** 7/1/2025 - 7/14/2025
- **Practice Begins:** 2/2/2026
- **First Scrimmage:** 2/13/2026
- **First Contest:** 2/20/2026
- **Sit Out Period:** 3/28/2026
- **Last Contest:** 5/2/2026

- **Spring Break**
 - River City- 3/30-4/6
 - Pioneer- 4/6-4/10
 - Rodriguez-3/30-4/6
 - Wood- 4/3-4/10
 - Vacaville-4/3-4/10
 - Vanden and Sacramento- TBD